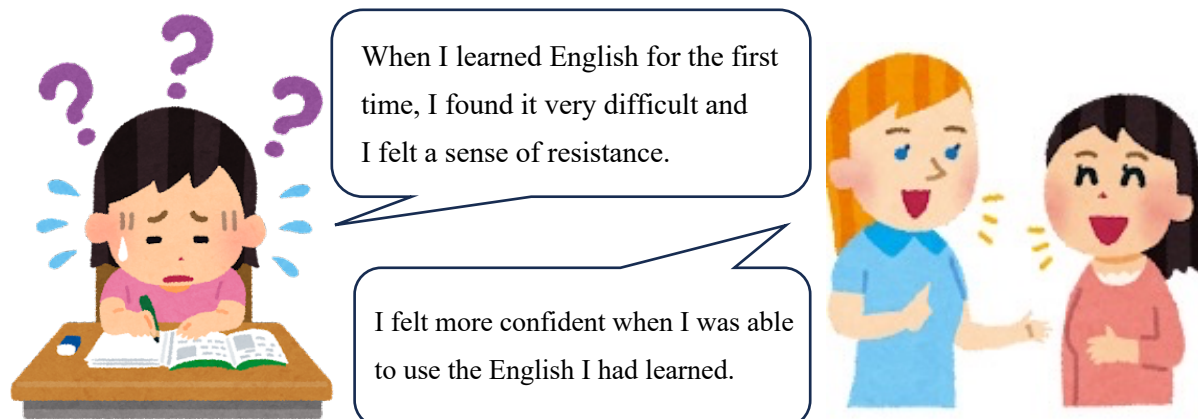


# The Relationship between English education in elementary school and self-affirmation

E0120064 Shion Tsukazawa (Ogawa zemi)

## 1 Background



Do you think learning English is difficult? When students learn English, they seem to find it difficult even before they learn it. (Survey results: Ueda Junior High School, 1st grade)

However, I think that it is easier for students to feel a sense of success compared to other subjects when they are able to achieve the tasks and goals related to learning a foreign language because foreign languages have a strong sense of resistance from the beginning. Based on these facts, I thought that there might be a relationship between English education and improving self-affirmation.

## 2 Literature Review

### ★ What self-affirmation is

Self-affirmation is a word that means the feeling of being able to positively evaluate one's way of being, the feeling of being able to affirm one's own value and significance of existence.

(Dictionary of Practical Japanese Expressions )

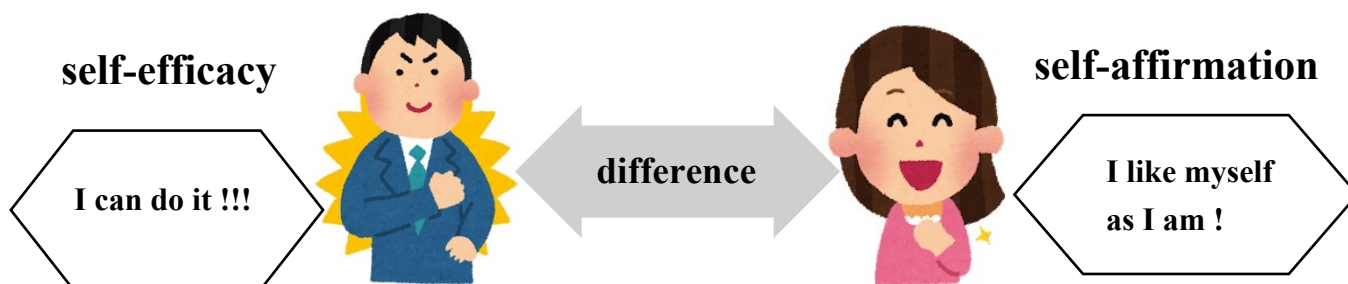
### ★ What self-efficacy is

Self-efficacy is the perception of one's own ability to achieve a goal. To break it down, it refers to the state in which one thinks, "I can overcome it," or "I should be able to do it."

(by Albert Bandura)

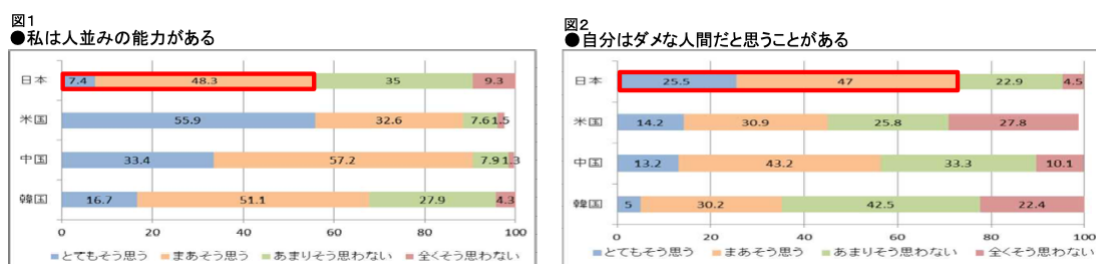
★The difference between self-affirmation and self-efficacy

There is a clear difference between the two terms in terms of self-efficacy, believing that you can do it, and self-affirmation, acknowledging yourself whether you can do it or not.



★The current status of self-affirmation

Japanese children's sense of self-affirmation ("I have the same ability as others", "I sometimes think I'm a bad person") is lower than other countries.



(平成 26 年度 高校生の生活と意識に関する調査(独立行政法人国立青少年教育振興機構))

### 3 Research plan

- ① **Motivation** : how to enjoy English learning, maintenance and improvement of motivation
- ② **Necessity of activity** : what to do in order to develop activities that are necessary for children.
- ③ **Evaluation from others** : Whether the objective evaluation from others will lead to an improvement in self-affirmation

### 4 References

<https://www.niye.go.jp/files/items/877/File/504673810.pdf>  
<https://talknote.com/magazine/self-efficacy/>  
<https://diamond.jp/articles/-/208597>  
[https://www.mext.go.jp/b\\_menu/shingi/chukyo/chukyo0/gijiroku/\\_icsFiles/afieldfile/2017/06/23/1387211\\_08\\_1.pdf](https://www.mext.go.jp/b_menu/shingi/chukyo/chukyo0/gijiroku/_icsFiles/afieldfile/2017/06/23/1387211_08_1.pdf)  
<https://e.mariko3.com/archives/12160>